



A NEWSLETTER OF SCB ASSOCIATES, WESTERN PROVINCE.
2021-22

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Message from the Provincial

“Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all” Gal 6:9-10

Our Holy Fathers’ Lenten message for this year was revolved round the text from Gal 6:9-10. Going through the pages of CONNECTIVITY- NewsLetter of SCB Associates, it seems clear to me that they were impelled by the above exhortation of St. Paul to undertake such spiritual and corporal acts of mercy in their respective units. Despite the covid situation, they dared to reach out to those in difficult situation extending our charism in the streets, homes, hospitals and neighbourhood.

Your Spirit is highly commendable dear SCB Associates. Pandemic and lockdown situation never deterred your Spirit. When the physical meetings and sharing was not possible due to lockdown, you kept your spirits alive through online meetings. Congratulations to you and the Animators for that wonderful service which is an inspiration to us.

As we celebrate the resurrection of Jesus from the dead this Easter, we are reminded of the victory of life over suffering and death, hope over despair and light over darkness. Easter reminds us that every Good Friday in our lives will have an Easter Sunday, and that Jesus will let us share the power of His Resurrection. Each time we display our love of others, we share in the Resurrection. Each time we face a betrayal of trust and, with God’s grace, forgive the betrayer, we share in the Resurrection of Jesus. Each time we fail in our attempts to ward off temptations – but keep on trying to overcome them – we share in the Resurrection. Each time we continue to hope – even when our hope seems unanswered – we share in the power of Jesus’ Resurrection. In short, the message of Easter is that nothing can destroy us – not pain, sin, rejection, betrayal or death – because Christ has conquered all these, and we, too, can conquer them if we put our Faith and trust in Him.

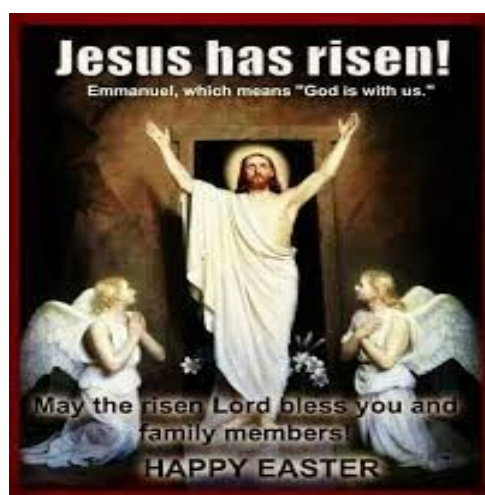
May God fill us all with hope, endurance and joy this Easter season to continue to follow our Risen Lord who has suffered, died and risen in great glory.

With blessings to you and your families!

Sr Wilma Rebello SCB.

Provincial Superior.

Western Province





NEW LIFE – GOD’S BLESSING AT EASTER

“If anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.” 2 Corinthians 5:17

Rebirth can be a difficult concept to understand, but the lovely little butterfly offers a picture of what takes place when Christ comes into a human heart. The caterpillar’s metamorphosis provides a wonderful illustration for our spiritual transformation.

Now some people may think caterpillars are cute, some may think that they are amusing, but probably no one would say they are beautiful. A caterpillar is a worm -- and worms are not beautiful! Then, one day the caterpillar spins a cocoon about him and stays there for several weeks. When it comes out, it is no longer a caterpillar, it has been miraculously changed into a beautiful butterfly.

Somehow, the miracle of the butterfly never loses its fascination for us. Perhaps because the butterfly is a living parable of the promise of resurrection!



The butterfly does not return to the caterpillar state; nor can it return to the pupa phase. When a butterfly emerges from its cocoon, it flies — something it couldn’t do before! The butterfly also drinks sweet nectar instead of

gorging on leaves. Are you a new creation in Christ still trying to crawl back inside the cocoon to live as you once lived? Even if you could go back in time, leaves would no longer nourish you and the torn cocoon would no longer protect you. Because God has transformed you into a new creation! Now you have the blessed privilege and opportunity to soar in His power and do His work on this planet. So spread your wings into their full, beautiful glory. It’s time to fly.

What do we say in the face of death? There are many mysteries. But two things we know for sure. First, death is an enemy. But second, and more important, Jesus' resurrection from the grave is God's proof to us that death is not the end. The empty tomb and Jesus' Spirit within us testify that Easter morning is God's triumph over death. And ultimately, Jesus promised, God will raise us from the dead who believe in His Son.

That is a good picture of what Jesus meant when He said we had to be "born again." The Bible says, "If anyone is in Christ, he is a new creation; the old has gone, the new has come!" When we invite Jesus to come into our heart, we become a new creation. Would you rather be a worm or a butterfly?

WISHING YOU A BLESSED EASTER!

***Sr. Precilla Lobo,
Coordinator for CDSAF
Western Province***





SCBA OLD Town

(April 2021 to December 2021)

“O sing to the Lord and bless His Holy name”.

We are grateful to the Almighty God for His care and protection that we have experienced during the pandemic. We believe it is His mighty hand that has protected us to continue our little service on this earth.

During the pandemic, it was a great struggle because we could not meet physically or do any service actively. But we spent our time in prayer and being together in the family sharing our joys and sorrows. Through phone calls we used to contact one another and keep in touch.

We had great joy when we heard that we are going to have a Google meet. This Google meeting gave us so much satisfaction because we could see each other and share our views. So far we have had two Google meetings.

Golden Jubilee of Sr.Jyothi was celebrated by the



community and we were part of it. We were glad to join Sr. Jyothi and thank God for her very gift to us.

As Rev. Fr. Stany our parish priest was



transferred we decided to offer him a small gift as a token of our love and gratitude. We had a get-to-

gether in the parish and thanked him for his service and two of us expressed our gratitude by sharing our experiences about him.

We had our renewal and pledge taking ceremony on 24-10-2021. Once again we renewed our vigor and received strength from the Lord.



We had the joy of celebrating the feast of our Patron St Charles Borromeo along with the



community sisters. We thanked God for giving us the opportunity to be a part of this mission.



We have 27 SCB Associates. They belong to all age groups. They are the active members of our parish associations. The associates are enthusiastically involved in all ministries of the parish. We are here to share with you a few of the activities undertaken.



During this year which was dedicated to St Joseph, we had an opportunity to visit the paper town church dedicated to St Joseph and obtain the plenary indulgences.



TRIBUTE TO PRAGASAMMA



Prakashamma one of our SCB Associate left to her heavenly abode after rendering her service for the past 12 years. Here is a small write up to offer out tribute to her.

ನಮ್ಮ ಬಾಳು ಒಂದು ವಿಶಾಲ ಕಡಲಿನ ಹಾಗೆ. ನಮ್ಮ ಜೀವನದಲ್ಲಿ ಸಾಗರದಷ್ಟು ವಿಶಾಲವಾದ ಆಕಾಂಕ್ಷೆಗಳಿರುತ್ತವೆ. ಕಡಲಿಗೆ ಬೀಳುವ ಮಳೆ ಹನಿಗಳಲ್ಲಿ ಕೆಲವು ಮಾತ್ರ ಮುತ್ತುಗಳಾಗುವ ಹಾಗೆ, ನಮ್ಮ ಜೀವನದಲ್ಲಿಯೂ ಹಲವಾರು ಮಂದಿ ಎಷ್ಟೊ ವ್ಯಕ್ತಿಗಳು ಹಾದು ಹೋಗುತ್ತಾರೆ,

ಆದರೆ ಕೆಲವರು ಯಾರಿಂದಲೂ ಭರಿಸಲಾಗದ ಒಂದು ಅಮೂಲ್ಯ ಕಾಲ್ನಡಿಗೆಯನ್ನು ನಮ್ಮಲ್ಲಿ ಹಿಂದಿಟ್ಟು ಸಾಗುತ್ತಾರೆ. ಅಂತಹ ಅತ್ಯಮೂಲ್ಯ ಕಾಲ್ನಡಿಗೆಯನ್ನು ದೃಢವಾಗಿ ಬಿತ್ತಿ ಹೋಗಿರುವ ನಮ್ಮ ಹಿರಿಯ ಸದಸ್ಯೆ ನಲೈಯ, ಪ್ರೀತಿಯ, ಹಾಗೂ ನೆಚ್ಚಿನ ದಿವಂಗತ ಪ್ರಕಾಶಮ್ಮನವರು.

ಹಳೇನಗರದ ಭದ್ರಾವತಿ ನಿರ್ಮಲ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಮೊತ್ತ ಮೊದಲಿಗೆ SCB Associates ಪ್ರಾರಂಭವಾದಾಗ ಪ್ರಪಂಚದಾದ್ಯಂತ ಸ್ಥಾನವನ್ನು ಅಲಂಕರಿಸಿದವರು ಪ್ರಕಾಶಮ್ಮನವರೇ. ಯಾವುದೇ ಸೇವಾ ಕಾರ್ಯವಿರಲಿ, ಪ್ರಾರ್ಥನಾಕೂಟಗಳಿರಲಿ, ರೋಗಿಗಳ ಭೇಟಿಯಾಗಿರಲಿ, ಮರಣ ಹೊಂದಿದವರ ಮನೆಗಳಲ್ಲಿ ಪ್ರಾರ್ಥನೆ ಸಲ್ಲಿಸುವುದಾಗಿರಲಿ, ಸ್ವಪ್ರಾರ್ಥನೆ ಮಾಡುವ ರೀತಿಯಾಗಿರಲಿ, ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಹಾಡುಗಾರಿಕೆಯಾಗಿರಲಿ, ಪಾತ್ರಭಿನಯವಾಗಿರಲಿ ಎಲ್ಲದರಲ್ಲೂ ಮುಂದಿದ್ದು ಅವರ ಹೆಜ್ಜೆಯ ಜಾಡನ್ನು ಮೂಡಿಸಿ ದಿನಾಂಕ 3-12-2021 ರಂದು ತಮ್ಮ 81 ವರ್ಷದ ತುಂಬು ಜೀವನವನ್ನು ಜೀವಿಸಿ ನಮ್ಮೆಲ್ಲರನ್ನು ಅಗಲಿದ್ದಾರೆ. ಅವರ ಸ್ಥಾನವನ್ನು ತುಂಬುವುದು ಬೇರಾರಿಂದಲೂ ಸಾಧ್ಯವಾಗದು. ಇವರಿಗೆ ನಮ್ಮ ಸಿಸ್ಟರ್ಸ್ ಹಾಗೂ ಸಭೆಯ ಪ್ರತಿಯೊಬ್ಬರ ಸದಸ್ಯರ ಪರವಾಗಿ ಅಶ್ರುತರ್ಪಣ, ಹೃದಯಸ್ಪರ್ಶಿ, ಭಾವಪೂರ್ಣ ಶೃದ್ಧಾಂಜಲಿಯನ್ನು ಸಲ್ಲಿಸುತ್ತೇನೆ. ಸದಾ ಇಲ್ಲಿ ಬಾಳಲು ಆಗದು ಬಂದವರು ಹಿಂದಿರುಗುವುದು ಸೃಷ್ಟಿಯ ನಿಯಮ. ನಿಮ್ಮಂತೆ ನೆನಪಲಿಯುವವರು ಕೆಲವರೇ ಇರಬಹುದು. ನೀವು ತೋರಿದ ಮಾರ್ಗ ನಮಗೆ ಮಾದರಿಯಾಗುವುದು.

SCB Associates,
Nirmala Hospital,



LAY ASSOCIATES,
CO-RESPONSIBILITY
FOR THE MISSION OF
THE CHURCH

NEWS FROM SHIMOGA SCBA

Greetings in the name of Jesus our Lord!
We are happy to share the tit-bits of our association at Mary Immaculate Convent, Shimoga.



We had virtual meetings and whenever possible, offline meetings in Mary Immaculate convent itself.

Two SCB Associates, accompanied Sr. Elize and the novices: Sr. Roseline and Sr. Ashaja to attend a programme arranged by personnel of prison ministry. Clothes, Rosaries and fruit were distributed to the inmates by Associates.



A rich man of our neighbourhood, who was very good to the poor and the destitute, lost all his belongings and became blind due to his illness. He was helped with good amount of money by S.C.B. Associates and they have informed others too, to do the same towards him.

A neighbor of S.C.B. Associate was suffering from Covid-19. She helped the family with her constant visits and provided necessary stuff needed though money was paid by them. She gave them courage and prayed for them everyday.

On Vocation Sunday, all the SCB Associates came together and prayed for vocations. We also reflected on the life of St. Joseph and decided to pray the rosary, litany and special prayer in honour of St. Joseph during the year of St. Joseph. On the 6th of June the associates met online and prayed for various intentions such as for migrants, sick and the suffering and for souls in purgatory.

On 27th June 2021, we had online prayer meeting. We reflected on the Word of God and shared it with all the members. Each SCB Associate chose 5 families and prayed with them and



shared the Word of God. On 25th July we had the online prayer, sharing on the Word of God and prayed Divine Mercy Chaplet.

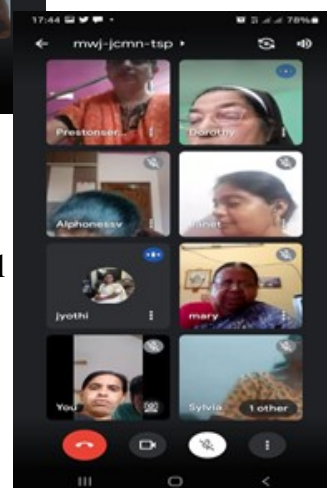
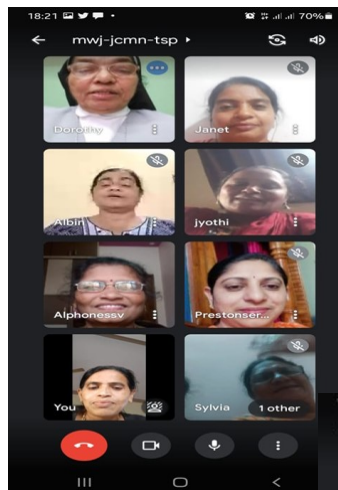
ACTS OF MERCY BY THE ASSOCIATES

- ◆ Every SCB Associate acts as a Good Samaritan, whenever accidents occur in front of their houses. They give the first aid before the emergency, call for an ambulance and admit the injured to the hospital, thereafter inform the family members and keep visiting till they get better.
- ◆ When robbery took place in the neighbourhood, one of the associates was alert enough to inform the police and helped the robbed family to overcome the trauma.
- ◆ Most associates visit the sick patients in the hospital and comfort them. Corona infected patients were provided with food daily at their homes and in the hospitals.
- ◆ A family with two senior citizens was served food with great love by one of the associates for two months. She also served the Covid patients, fed them and took care of them.
- ◆ During the Covid crises, the jobless were provided with midday meal till they found jobs. The migrants were provided with food till they returned to their hometown.

- ◆ During the lock down individual associates helped the widows with Rs 1000/- each and also helped a Covid positive young boy with Rs.1000/- The associates also made it to visit the houses of the needy, aged and sick, pray with them and reach out to them at this critical time.
- ◆ Two children, who were receiving Holy Communion for the first time, were given clothes on their special day.
- ◆ Those who were repairing the road next to the house were provided with tea, till they completed the work.
- ◆ Three widows were provided with clothes. Some economically poor people were helped with cash and kind.
- ◆ Degree students and students studying in the primary schools were helped with school fees. Beggars were given food whenever possible. Economically poor students were helped by way of providing books, pencils, pens and uniform.
- ◆ Stray dogs, birds and animals are regularly being fed. Water is provided to quench their thirst.
- ◆ Social Media Links to attend Mass, adoration and retreat were forwarded to many groups and individuals to facilitate and nourish their spiritual wellbeing.
- ◆ On 8th Sept 2021 a SCB Associate wanted to celebrate Mother Mary's birthday quite differently. As she was attending the Mass on this day, her phone rang and two persons in dire need requested her to help. Soon after the Mass she went to these families, accompanied both of them to the doctor, stayed with them in the hospital and saw to their needs.
- ◆ One of the associates offers care and protection to a senior citizen who suffers from dementia. She has given her shelter, feeds her, washes her clothes and gives medicine from time to time. Another associate took care of two senior citizens for 40 days.
- ◆ Most of the associates distributed gifts during Christmas to the poorest of the poor.

On the 26th of September 2021 SCB Associates assembled in the Cathedral and celebrated the Eucharist as the following day 27th Sept 2021 was the Foundation day of the Congregation.

On the 30th of October 16 associates took part on the virtual zoom meeting conducted by the Western Province. Fr. Peter Balaswamy addressed them on 'Synodality and the role of the lay associates in the Church'. They interacted well and proposed the vote of thanks at the end of the programme.



SCBA attending
The Province level
Webinar

In the Month of October 2021, the associates conducted the Rosary praying for the various intentions in their houses as well as in their neighbourhood.



SCB Associates wished the sisters on our patron's - St. Charles feast day; participated in the Eucharist and shared in the fellowship meal.



The associates also took active part in the meetings that were held to discuss about the Synod 2021-23 in the parish as well as in the presbytery.



We celebrated the "World day of the poor" by preparing food packets and distributing them to the poor who were on the streets of Shimoga. One of the associates served fresh and tasty breakfast to five beggars to mark the event.

We watched November Sparks-Part 2 and came to know more about the Congregation.

We went on a pilgrimage to St. Joseph Church, Sagar, on the 22nd of November 2021. There we prayed the Rosary, litany and prayer in honour of St. Joseph and took part in the Eucharistic celebration by Fr. David Dellario.



We also met the parish priest and Vicar General of the diocese Mgr. Felix Joseph Noronha, who was very happy to see us and give us his blessing. We were delighted to be served a hot cup of tea and snacks.



On the 28th of November 2021, we conducted S.C.B. associates meeting in Mary Immaculate Convent and shared all the good works done by us from April 2021 to 28th November 2021. We also watched a film on the life of St. Joseph the husband of Mary and patron of the Universal Church.

A hymn in Kannada is sent in this news bulletin based on the vision and mission of the SCB Associates. Please sing it at the beginning or at the end of the meeting. Thank you one and all! Wishing you God's blessings!!!

We, the core-group of SCBA congratulate and thank Sr Dorothy for the effort taken to compose the song and get the music for the same.



SEBA Theme Song in Kannada

ಹರಸಿರಿ ದೇವರೆ (ಎಸ್.ಎ.ಬಿ.ವೈಯು ಗೀತೆ)

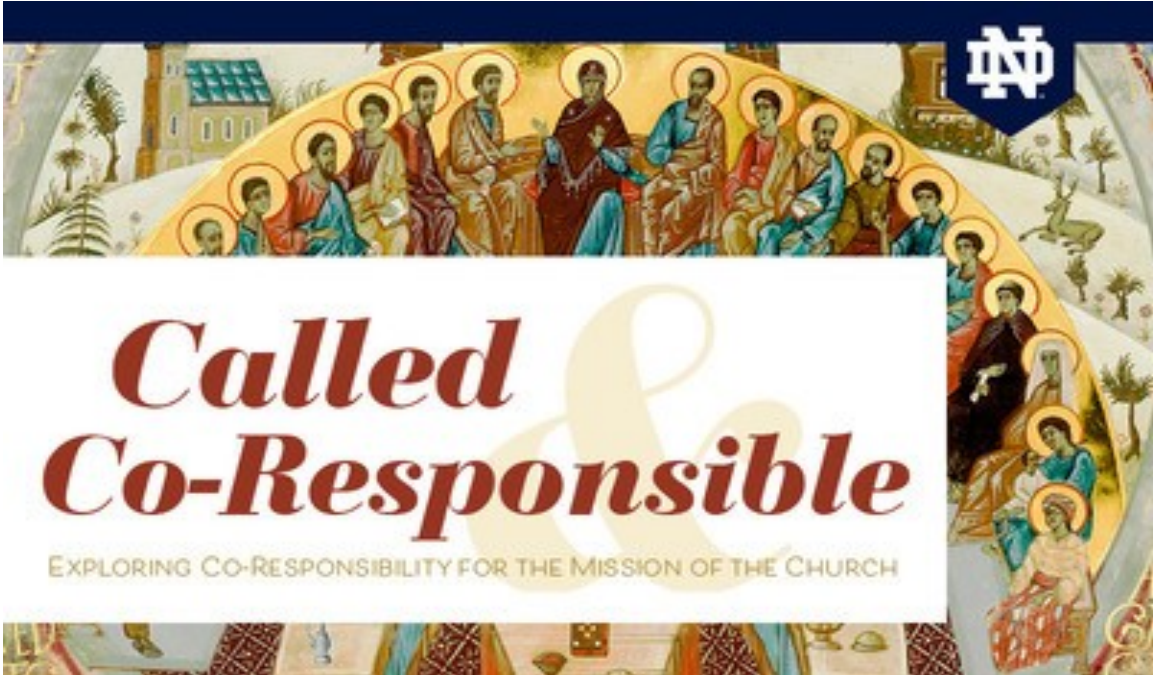
ಸಾಹಿತ್ಯ: ಸಿ.ಎಸ್.ಎ.ರಾಜಶಂಕರ್, ಎಸ್.ಎ.ಬಿ.ಎ
ಸಂಗೀತ: ವಾ.ಎಂ.ಪಿ.ಎಸ್.ವೆಂಕಟೇಶ್

Musical score for the SEBA Theme Song in Kannada, featuring three verses and a chorus. The score includes a treble clef, a key signature of one flat (B-flat), and a 4/4 time signature. Chords are indicated above the notes.

1. ಕ್ರೀ ಸಾ ಪಿ ಸ್ಯ ಕ್ರಿ ಸ್ಯ ಸ್ಯ ಫಿ ಏ ನೆ ಯಿ ಲಿ ಕ್ಕ - ಸ್ವ ರ ಜ್ಯೋ ತಿ ಯಿ ಲಿ ಬಾ - ಉ ಪ ಲಿ
 2. ದೇ ವಂ ಳ ಬ ರು ಕಿ ನಾ ಟಿ ಸಿ ರಾ ಗ ಟು ಏ - ಕಾಂ ಗಿ ಬಾ - ಳ ಲಿ ಜೊ ತೆ ಯಾ ಗ ಟು
 3. ಒಂ ದಾ ಗಿ ಕೇ ರ ಫಿ ಪ್ಪ ಫ್ಫು - ಫಿ ಪ್ಪ ಫ್ಫು ತ ರು ಕಂ ಪ ತೋ ರಿ ನಾ ಪ್ಪು ಬಾ - ಉ ರೆ ಪ್ಪು

1. ಲ ತ್ತ ರ ಜೊ ತೆ ಯಿ ಲಿ ಸಾ - ಗು ಳ ಲಿ ಸಂ - ದೇ ಶ ಸಾ ರಿ ಪ್ಪ ಫ್ಫು ಉ ರು ಟಿ ಸ ಲಿ
 2. ದೀ ಸ ರ ಲಿ ತ ರಿ ಗೆ ನೆ ರ ಫಾ ಗ ಟು ಸೂ - ತ ಸ ಬ ಯಿ ಳ ಸು ರೂ - ಏ ಸ ಟು
 3. ಕ್ರ ಸ್ವ ರು ಸಂ - ದೇ ಶ ಪ್ಪ - ಲಿ ಪ್ಪ ಫ್ಫು ಸ - ಲ್ಲ ರ ಒ ಳ ಫ್ಫು ಗಿ ರು ಡಿ ಯಾ ಪ್ಪ ಫ್ಫು

ಹ ರ ಸಿ ರಿ ದೇ ವ ರ ಒ ಳ ಸಂ ಫಿ ಏ ನೆ ಯಿ ನಾ ಪಾ ಲಿ ಸ ಪಾ ಲಿ ದ್ವ ರ ಗು ರಿ ಗ ಳ ನೆ
 ಪ ಪೆ ಯಿ ಟು ಪ್ಪ ರ ನೆ ಎ ಡ್ರಿಯನ್ ಗು ರು ಗ ಳ ಜೊ ಸ್ಪಿನ್ ಆ ಲ್ತಾ ದ ರ ಸ್ಯಾ - ತಿ ಯ ನು



SCBA SUNKERI

Greetings to all of you from SCBA Sunkeri. On 22nd July, with sentiments of gratitude and farewell the SCBA's bid adieu to Sr. Elsy. They expressed their gratitude to her for being their mentor for three years. With much joy they welcomed Sr. Leena Pinto, the new superior of Sunkeri community.



On 4th Nov all the associates joined together, to celebrate Our Patron's Day - Feast of St Charles.

Due to pandemic and strict restrictions active participation and works of mercy were not possible.

Members were present for the meetings in Sep, Oct, Nov and Jan 2022.



SCB's regularly visit the sick and the aged, attend funeral services and accompany the bereaved families.

As the COVID protocols are eased they hope for a better and active participation.



Congratulations! Mrs. Tresa Pinto, the winner of the online quiz Competition. (Webinar for SCBA : 31-10-2021)

On 14th October SCBA's took part in the Eucharistic Celebration during which they renewed their pledge.



NEW TOWN - SCBA

Welcome to the glimpse of our activities, from SCBA Bhadravathi, the Steel Town of Karnataka,

New Town Community has 14 Associates in total. They belong to different age groups. Few of them are working, some are house wives and few are retired from service.

COVID-19 & ITS EFFECTS

The lockdown affected the functioning of SCBA. We could not have regular meetings not even online meetings, as all are not so comfortable using the smart phone. But they continued to take part in incarnating the Compassionate love of God, as they intensely prayed for those who were affected, helped them materially, spent their time and resources in supporting the poor and the needy. One of our Associates, Mrs. Rosy, shares her personal experience of COVID 19 thus...

ಕೊರೋನಾ ಮಹಾಮಾರಿ

11 ಮಾರ್ಚ್ 2019 WHO ಕೊರೋನಾ ಎಂಬ ಮಹಾಮಾರಿಯನ್ನು ದೃಢಪಡಿಸಿತು. ಇದರ ಬೆನ್ನಲ್ಲೆ ಇಡೀ ಪ್ರಪಂಚ ಅಲ್ಲೋಲ ಕಲ್ಲೋಲ ಆಯಿತು. ಈ ಮಹಾಮಾರಿಯು ದೇಶದ್ಯಂತ ಹರಡಿತು.

ಇದರಿಂದ ದೇಶಗಳು ಬೇರೆ ದೇಶಗಳಿಂದ ಸಂಪರ್ಕ ಕಡಿದುಕೊಂಡವು. ವಿಮಾನಯಾನ, ಬೇರೆ ವಾಹನ ಸಂಪರ್ಕಗಳು ತಮ್ಮ ಸೇವೆಯನ್ನು ನಿಲ್ಲಿಸಿದವು. ಆದರೂ ರೋಗವು ತೀವ್ರಗತಿಯಲ್ಲಿ ಹರಡುತ್ತಾ ಹೋಯಿತು. ಆಸ್ಪತ್ರೆಗಳಲ್ಲಿ ರೋಗಿಗಳನ್ನು ನೋಡಿಕೊಳ್ಳುವುದು ಕಷ್ಟದ ಕೆಲಸವಾಯಿತು. ಅನೇಕ ರೋಗಿಗಳಿಗೆ ಸರಿಯಾದ ಸಮಯದಲ್ಲಿ ಚಿಕಿತ್ಸೆ ಸಿಗದೆ ಪ್ರಾಣಕಳೆದುಕೊಳ್ಳುವಂತಾಯಿತು.

ಈ ರೀತಿಯ ವಾತಾವರಣದಿಂದ ದಿನಕೂಲಿ,

ವಲಸೆ ಕಾರ್ಮಿಕರಿಗೆ ಮತ್ತು ಎಲ್ಲಾ ವರ್ಗದ ಜನರಿಗೆ ಪರದಾಡಿವಂತಾಯಿತು. ಕೆಲವರು ರೋಗದಿಂದ ಬಳಲಿದರೆ ಇನ್ನು ಕೆಲವರು ದಿನನಿತ್ಯದ ಆಹಾರಕ್ಕಾಗಿ ಪರದಾಡಿವಂತಾಯಿತು. ದೊಡ್ಡ ದೊಡ್ಡ ಸಂಸ್ಥೆಗಳು ಮುಚ್ಚಿದವು ಅಂಗಡಿ ಮುಂಗಟ್ಟುಗಳು ಮುಚ್ಚಿದವು. ಬಡವ - ಶ್ರೀಮಂತ ಎಂಬ ಬೇಧವಿಲ್ಲದೆ ಎಲ್ಲಾ ವರ್ಗದ ಜನರಿಗೆ ಕಷ್ಟಗಳು ಎದುರಾದವು.

ಇಡೀ ಪ್ರಪಂಚವು ಆರ್ಥಿಕ ಮುಗ್ಗಟಿಗೆ ಸಿಲುಕಿಕೊಂಡಿತು. ಅನೇಕ ಜನರು ನಷ್ಟವನ್ನು ಅನುಭವಿಸಿದರು. ಅನೇಕರು ತಮ್ಮ ಕೆಲಸಗಳನ್ನು ಕಳೆದುಕೊಂಡರು. ಪ್ರೀತಿ ಪಾತ್ರರನ್ನು ಕಳೆದುಕೊಂಡರು ಮಕ್ಕಳು ಅನಾಥರಾದರು. ಇನ್ನು ಅನೇಕರು ಮಾನಸಿಕ ಒತ್ತಡಕ್ಕೆ ಒಳಗಾದರು.

ಇಂತ ಸಮಯದಲ್ಲಿ ಅನೇಕ ಸಂಘ-ಸಂಸ್ಥೆಗಳು ಸಾಮಾನ್ಯರು ಕಷ್ಟದಲ್ಲಿ ಸಿಲುಕಿದವರ ನೆರವಿಗೆ ನಿಂತವು ಅಂಥಹ ಸಂಸ್ಥೆಗಳಲ್ಲಿ ನಮ್ಮ ಸಂತ ಚಾರ್ಲ್ಸ್ ಸಂಸ್ಥೆಯು ಒಂದು ಎಂದು ಹೇಳಿಕೊಳ್ಳಲು ಹೆಮ್ಮೆ ಆಗುತ್ತದೆ.

ನಮ್ಮ ಕುಟುಂಬವು ಸಹ ಈ ಮಹಾಮಾರಿಯಿಂದ ತೊಂದರೆಗೊಳಗಾಯಿತು. ನಮ್ಮ ಕುಟುಂಬದಲ್ಲೇ ಕೆಲಸದಲ್ಲಿದ್ದ ನಮ್ಮ ಅಳಿಯ ಅವರು ಕೆಲಸ ಕಳೆದುಕೊಳ್ಳುವುದರಿಂದ ಅನೇಕ ಕಷ್ಟಗಳಿಗೆ ಒಳಗಾಯಿತು. ಈ ಕಷ್ಟದ ಸಮಯದಲ್ಲಿ ನಮ್ಮ ಇಡೀ ಕುಟುಂಬವು ಅವರ ನೆರವಿಗೆ ನಿಂತಿತ್ತು. ದೇವರ ಕೃಪೆಯಿಂದ ಈಗ ಈ ಒಂದು ಸಂಕಷ್ಟದಿಂದ ಮರಳಿ ಯಥಾಸ್ಥಿತಿಗೆ ಬರುತ್ತಿದೆ.

Mrs. Rosy

New Town, Bhadravathi

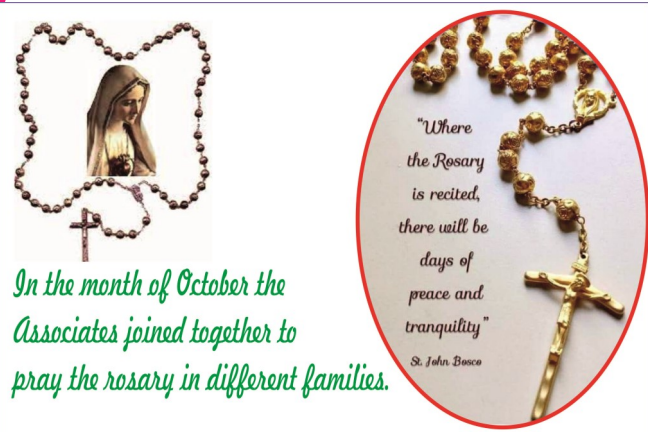
RENEWAL OF THE PLEDGE



The Associates renewed their promise on 9th Oct, 2021.

ITS NOVEMBER—THE MONTH OF ST CHARLES

Once again it was an occasion to come together and share the joy with one another, as we



“We know through painful experience that freedom is never voluntarily given by the oppressor, it must be demanded by the oppressed.” - Martin Luther King

celebrated the Feast of St Charles. Most of our Associates were a part of this meaningful and memorable celebration.

CHRISTMAS OUTREACH

Certainly Christmas is a time of giving and sharing with those around us, sharing the blessings sent to us. The Associates celebrated Christmas with an aged and poor couple of the parish.

They conducted a small prayer service, sang carols and then distributed ration, new clothes cake and sweets for the family members. It was a beautiful moment of being one with those who cannot return anything except their sincere prayers and whispers of gratitude.



As our SCB Associates continue to join hands to incarnate the compassionate love of God, in their being and doing, we pray for them and their families. May God’s name be glorified in and through all that they are and do.

Sr Rita Shanthi,
SCBA Animator,
New Town



All our Associates actively took part in the webinar for SCB Associates, organized by CO-SAF. Even though some of them had already at-

WEBINAR FOR SCB ASSOCIATES		
	Kannada	English
Date	30-10-2021	31-10-2021
Time	7.00 p.m. - 8.00 p.m.	7.00 p.m. - 8.00 p.m.
PROGRAMME		
Prayer	Sr Josephine	Sr Elizabeth Leo
Welcome	Sr Precilla	Sr Rita Shanthi
Talk	Fr Peter B. CSsR	Fr Peter B. CSsR
Vote of Thanks	Mrs Jyothi - Shimoga	Charleston - Mumbai

tended the input session on Synod at the Diocesan level, the Associates felt, the webinar by Fr Peter CSsR, was enriching and easy to grasp. They expressed their joy and gratitude for organizing this inspiring input session.

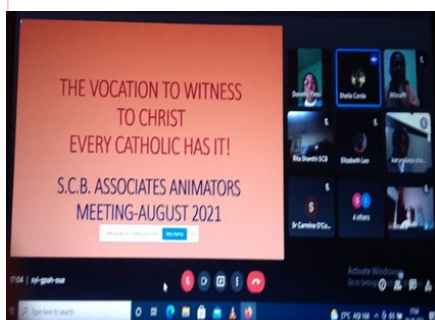


Hi everyone! We are delighted to be back in Connectivity! And through it, we are happy and excited to connect and to share about the joyful collaboration and loving service of our associates to the province and to the people of God!



The spirit of our SCB associates is marvelous and highly commendable. They have been making every effort to reach out and render help to the people in need without counting the cost and calculating risks! During the pandemic and throughout the lockdown period most of them dared to venture out and be in frontline spending their time and energy in amazing service! Indeed, their passion and zeal motivates us to live our charism in greater commitment and selfless love for the Lord in His people.

The virtual meet on 16 July 2021 for the SCBA animators spearheaded the activities of the associates with Sr. Lucy Mascarenhas, Sr. Carmine D’Costa and Sr. Margaret Fernandes assuming charge as the new animators of the Bangalore communities. In her address, Sr. Sheila Corda, the Province coordinator for SCB Associates briefed the animators about the vocation to witness Christ and every catholic living it out in his/her unique way.



All of them renewed their promises virtually on 15 August 2021 with adequate spiritual preparation and prayer under the animation and guidance of Sr. Sheila Corda.

All of them renewed their promises virtually on 15 August 2021 with adequate spiritual preparation and prayer under the animation and guidance of Sr. Sheila Corda.

The associates have been the lifeline of their families and have willingly extended their generous service in the neighbourhood and in the parish community. They have been in contact with each other through social media channels carrying on their works of mercy, especially to the victims of Covid and the other socially challenged.



On 31st October 2021, Fr. Peter Balaswamy, CSsR addressed them on a virtual forum on the following:

The relevance and importance of the role/mission of the lay associates in the church today.

How can the lay associates carry out their work of collaboration with the sisters of St. Charles effectively in the post pandemic world?

What are the different ways the lay associates can participate and initiate the faithful in the parish/local community in the ongoing Synod?



The associates were pleased to be part of this session as they expressed their joy and contentment on being enlightened and enriched.

The feast of our Patron was another occasion to be part of the family of St. Charles.

Sr. Wilma and the community of Villa Borromeo extended a hearty welcome to the associ-



ates and thanked them for their physical presence. A prayer service, joyful fellowship and a sumptuous lunch marked the celebration.

“The spirit of Christmas is the spirit of love and of generosity and of goodness. It illuminates the picture window of the soul, and we look out upon the world's busy life and become more interested in people than in things”.

-Thomas S. Monson



The contribution of Rs. 14070/- towards the college fees of Joshika, (D/o Mrs. Sharmila V – a widow) studying in Jyothi Nivas College

indicated the true essence of Christmas spirit spreading love and good cheer to the needy.

Mrs. Maria Roselyn ushered in the New Year 2022 along with her family with the little girls of the foster home at Adrian Nivas. It was a memorable occasion for the kids who enjoyed the snacks and gifts presented to them by Mrs. Roslyn and family.



With prayers and much love wish you God's continued blessings! GODSPEED...

Sr. Precilla Lobo, for Bangalore

THE SCB ASSOCIATES AT VAKOLA

Welcome to the newssociates@ vakola!

Belonging to the different age groups, St. Charles at Vakola has 14 SCB Associates. They are active members of the Parish and are diligently involved in all ministries of the parish. Some of them are Eucharistic members, catechists, SSC coordinators despite being Social workers, teachers and working at their own professions.

We were unable to come together physically for any meeting or activities due to strict lockdown and the pandemic. But keeping in mind the protocols, wearing mask, using sanitizer and maintaining distance we took a step. We invited the SCB associates for the renewal of the promises in the month of August 2021.

God's promises are always true and He is always faithful to carry them out; but we, to fulfill our part of the covenantal relationship, must do the things that God tells us to do. Having the assurance of God's goodness, we gathered for meaningful Eucharistic Celebration offered by Rev. Fr. Savio. Mrs. Angela Barnes made a



promise after a year of preparation to be a part of the SCB associates. The

other associates too renewed their promises.



ST. CHARLES FEAST CELEBRATION

On 3rd November 2021, we were glad to celebrate the family Feast with the SCB associates. We prepared a meaningful prayer service and PPT presentation. After which we conducted



various games and distributed attractive prizes for all and ended with a delightful dinner.

The Webinar on 4th December 2021 on the Synod was very instructive and informative by Rev. Fr. Peter CSsR. The associates attended the session and were very active to interact and to respond to the questions about the synod at the end of the session.

The synod 2021 is a Pastoral Synod. We are looking at the everyday lives of the people where God is constantly working in their lives. It is different from a Doctrinal. The Church is a family and families are churches. Every family is a domestic Church, constituted by the Word, prayer and service.

The Theme of the Synod: For a Synodal Church, Communion, participation and mission. Keeping this in mind we strive to

Be part of the Communion,

Be part of the preparation of the Synod and

Be part of the Mission.



SCBA- MYSORE

We are happy to pen down a few lines of about our SCB Associates. Due to Covind19, we were not able to meet regularly. Since we have a dynamic group it was possible to keep them active even during the pandemic. Now for the better participation, the community has arranged the means of conveyance; hence even though they live far away form the convent, they can easily come for the meetings.

Our meetings have the following sequence:

- Adoration - Half an hour
- Welcome
- Attendance
- Report
- Awareness
- Discussion about the work done
- Planning for the next month
- Vote of thanks
- Tea
- Activities**

During Covid 19, our associates have helped nearly 30 poor families, by way of making payment of the poor patients' hospital bills and providing the poor children with books and clothes. They have also visited sick and the bed-ridden along with visiting and praying with the bereaved families and attended funerals. From the last two months they have planned to have prayer in the houses of the Associates involving the surrounding catholics. During the pandemic they took part in an hour of prayer and fasting the whole day.

On 4th November they were part of the celebration of the feast of St Charles followed by the Day of the Poor. Their participation and involvement,



brought much happiness and revival to the association and to the needy.

During Christmas, they collected rice and money from their advent sacrifices and which was distributed to the poor families.

On Women's Day celebration they rendered their service by assisting people during the free medical checkup. From time to time they render service in Karunalaya ashram.

On 12th December, they renewed their pledge. Fr. Peter Balaswamy, gave a talk on the



Synodal Church. During Mass, 9 of them renewed the pledge and 2 of them took the

pledge for the first time. On the same day 4 of them joined the association. The whole community took part in the grand celebration.



We are so grateful to all of them, for their sisterly love and concern.

Here do we conclude praying that God may shower His blessing upon the Congregation of the Sisters of St. Charles through the SCB Associates. May we walk in the love of the Lord and share His mercy to the most in need.

Animator: Sr. Shobhana
 President: Mrs. Elizabeth
 Secretary: Mrs. Susamma.

The SCBA was started in 2011 in St Charles Convent, Waynad. It continued till 2013, and now with immense zeal and good will the associates' group is reformed.

We appreciate the good will of the lay people who come forward to be the SCBA in spite of their busy schedule. It is one of the signs of the time that they are called by God and being led by the spirit of the Gospel they contribute to the sanctification of the world. Our whole community is involved with the SCBA activities.



The associates were inducted on November 4th 2021, during the Eucharistic celebration in on the feast of our patron St Charles. Five

simple ladies from our neighbourhood were enrolled as SCB Associates.

At present, we have seven Associates. The meetings are conducted, on every second Saturday of the month. The topics on which a short input session given are, The foundation of the congregation, the life of St. Charles Borromeo, the founding charism of the congregation etc. Mission of the congregation, Synod, New evangelization are yet to be discussed and shared. We have the reading of the Bible followed by an Bible Quote to memorize and interiorize. The SCBA visited widows and our former President Rosly Antony suffering from cancer.



As part of January month's program the SCBA have planned to go for a pilgrimage to Pallikun.

This being the humble beginning we hope to continue by God's Providential love and protection on our associates and their endeavors!

Sr Clare Thomas, For SCBA, WAYNAD





**Charleston speaks
on Webinar
for SCBA on
31st Oct 2021**

The Western Province of Sisters of St. Charles Borromeo, India, organized a Webinar on the Synod, on Sunday, 31st October 2021, between 07:00 p.m. and 08:00 p.m.. The webinar was excellently facilitated by Fr. Peter B – CSsR. The webinar besides being an enlightening session on the Synod, also offered the unique opportunity to connect and interact with so many Sisters of the Western Province as also SCB Associates from the different Communities. While this Webinar was in English, Fr. Peter had also facilitated a session in Kannada on the 30th of October.

The Webinar began with a meditative Prayer Service led by Sr. Elizabeth Leo and Team, invoking Blessings of the Holy Spirit. This was followed by a Welcome address by Sr. Rita Shanthi, who also introduced us to the Subject Matter Expert – Fr. Peter.

This was truly an amazing Webinar, as Fr. Peter walked us through the following aspects related to the Synod, stopping at regular intervals to take questions and clarify any doubts.

- ◆ What is Synod?
- ◆ Fr. Peter explained the origin of the word as also it's history dating back to 1962-65 the First Synod by Pope Paul VI.
- ◆ Types of Synod was the next point to covered, that is the Ordinary Synod – held every four years and focuses on theme in the life of the church and the Special Synod, to address issues of a particular region
- ◆ Fr. Peter then shared about the Synod 2021 - a Pastoral Synod, with the Theme : FOR A SYNODAL CHURCH: COMMUNION, PARTICIPATION AND MISSION.

The various phases for the Synod are as follows;

- o Opening of the Synod : 9-10 October at Vatican, 17th October at diocese.
- o Diocesan Phase (October 2021 to April 2022)
- o Continental Phase (September 2022 to March 2023)
- o Universal Church (October 2023).

Fr. Peter then shared some very interesting aspects of the Logo of the Synod, which we appear to have totally missed out on. The large, majestic tree, full of wisdom and light, reaches for the sky.

A sign of deep vitality and hope which expresses the cross of Christ. It carries the Eucharist, which shines like the sun. The horizontal branches, opened like hands, or wings, suggest, at the same time, the Holy Spirit. You will notice that the Bishop and Religious are part of the crowd, and not leading it, thus there is no hierarchy - all walking together, all our included even the sick, the young and the old.

- Next, Fr. Peter led us to reflect on our part in the Synod, vis-à-vis these 3 aspects of how we can;

- Be part of the Community
- Be Part of the preparation of the Synod
- Be part of the Mission

- Fr. Peter concluded by reminding us to Celebrate the Synod by LISTENING, SPEAKING OUT (SHARING God experience) and JOURNEYING TOGETHER. Nobody is saved alone, we can only be saved together. Fr. Peter also conducted a recall Quiz to recap the Session highlights.

The Session concluded with a Vote of Thanks by Charleston Mendonca – SCB Associate – Vakola, Mumbai Community, followed by a few informal interactions among the participants.

HAPPINESS LIES IN GIVING

Sr Shobhana



Synods and synodality have long been the rule of the Church. The Council of Trent (1545–1563) mandated diocesan synods every year and provincial or metropolitan synods every three years. That was winnowed down to diocesan synods once every 10 years in the 1917 Code of Canon Law. By the time we get to the 1983 code, Canon 461 makes synods entirely dependent on the wishes of bishops and priests.

Unlike the past synods, the Synod on synodality isn't one about addressing a particular issue but about becoming who God calls us to be as a Church, all of us together, amidst the reality of today's world! The purpose of this synod is not to produce more documents, rather, it is intended to inspire people to dream about the Church we are called to be, to make people's hopes flourish, to stimulate trust, to bind up wounds, to weave new and deeper relationships, to learn from one another, to build bridges, to enlighten minds, warm hearts and restore strength to our hands for our common mission.

The aim of the synod is not just to talk about synodality, but to put synodality into practice from now onwards, in every diocese, parish and country across the whole world. This calls all of us, at every level of the Church, to renew our way of being and working together moving forward.

As I was reflecting on the Synod on synodality a story flashed my mind! The familiar story about the Mud Ball and the Dry Leaf...



A Dry Leaf and a Mud Ball were very good friends. As they approached old age together, they decided to make a religious pilgrimage to a holy city on the banks of the Ganges river. They understood the distance and the dangers of such a trip. They knew that heavy rains and strong winds were the two greatest hazards they would face.

So, they decided on a clever strategy. When the rains poured down, the Dry Leaf would shield the Mud Ball until the storm passed. When the heavy winds blew, the Mud Ball would sit on Dry Leaf until the sandstorm was over. One bright, sunny morning, Dry Leaf and Mud Ball set out on the long, difficult pilgrimage to the holy city. They traveled just a short distance when the sky grew dark and rain began to fall. Dry Leaf shielded Mud Ball until the rain stopped. Their strategy worked, and they laughed as they continued on their way.

As they got further down the road, the sky clouded again, but as they got further down the road, the sky clouded again, but this time, the wind blew in with a terrible force. Mud Ball sat on Dry Leaf until the wind died down. Their strategy still worked, and as they traveled on, they started to sing. They had gotten almost to the holy city before the sky clouded over again.

Then something terrible happened. The rain poured down, and the wind blew — at the same time. Although the two friends tried their best to help each other, it was of no use. Dry Leaf blew away and was never seen again. And Mud Ball was washed away.

There comes a time in life when no matter how much we are loved and helped by another, it's not enough. Even the love and support of our best friends can't help us. A time will come when a help from elsewhere, larger than the mere human, will be your only refuge.



Fundamentally, synodality is about journeying together. This happens through listening to one another in order to hear what God is saying to all of us. It is realizing that the Holy Spirit can speak through anyone to help us walk forward together on our journey as the People of God and finally surrender ourselves to God's will who is beyond our dreams and desires!

SYNODALITY AND THE LAITY

- Sr Sheila Corda, Bangalore

“The joys and the hopes, the griefs and the anxieties of the men (people) of this age, especially those who are poor or in any way afflicted, these are the joys and hopes, the griefs and anxieties of the followers of Christ”- words from Vatican II, the Council to which Pope Francis constantly invites us to direct our gaze. Let us learn to be a Church that listens, a Church that wants to know what the men and women of today live, because nothing in their lives is foreign to them.

What is synodality? For some, this may not be a familiar word. We have heard of synods that have been held in Rome from time to time since the Second Vatican Council on various important issues. Every few years, with a different theme. But this time it will be in a different way, it will not only be for some bishops who go to Rome, representing the universal Church. All the baptized will be able to participate.

“Synodality means walking together.” This has become a key theme of Pope Francis’ pontificate, Archbishop, Cardinal Joseph W. Tobin, C.Ss.R., wrote recently. The Pope – following what Vatican II indicated – wants us to learn to walk together, all of us listening to each other and to the Holy Spirit. That is why he wanted this next synod to be a longer process, beginning in the pews of our churches and culminating in Rome, everyone’s home.

“The objective of the phase is the consultation of the People of God so that the synodal process is carried out while listening to all the baptized,” says the document of the Synod Secretariat, which also adds that “a full synodal process will be carried out in an authentic way only if the particular Churches are involved.



❖ These 15 silhouettes sum up our entire humanity in its diversity of life situations of generations and origins. This aspect is reinforced by the multiplicity of bright colours which are themselves signs of joy.

Only if we are willing to leave our worlds, big or small, and join the other baptized on this path that leads to living the Gospel with greater authenticity and joy, will this synod be a success for our local Church/Congregation. An opportunity to revitalize the ties between those of us who celebrate together, knowing that He, made Eucharist, feed us along the way and urges us to constantly be a Iglesia en salida (Church on a mission).

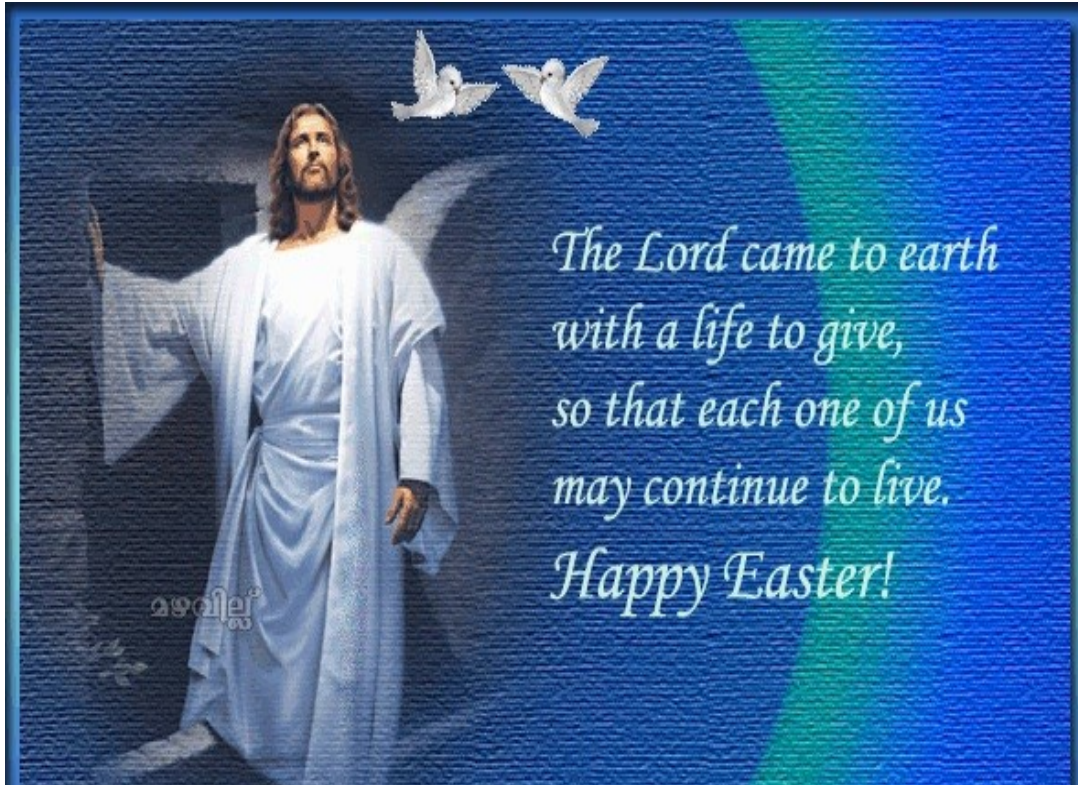
This process will be a good exercise in – perhaps in many cases a beginning of – what a Church that lives its mission in synodality should be.

In the Church of the middle of the last century various lay associations for spirituality and the mission in the world arose. Pope Pius XII approves with the Provida Mater the Secular Institutes, made up of lay men and women, consecrated and associated, WHO LIVE THEIR COMMITMENT AS DISCIPLES OF CHRIST, in the material, cultural, social or health environments to be leaven in the world.

The Second Vatican Council wants to “take back” the figure, identity and mission of the laity and does so, not only in the constitution Lumen Gentium but also in the decree Apostolicam Actuositatem entirely dedicated to Christifideles. The identity dimension of the laity, is an integral part of the people of God, it makes them co-responsible for evangelisation and is the very life of the Christian Community. The laity are consecrated to form a royal priesthood and a holy nation. The formation of the “holy nation” implies communion and co-responsibility.

Pope Francis asks of the entire people of God, bishops, presbyters, religious, consecrated laity, lay people of all ages and social status: to listen to the joys and anxieties of the people of our time, who are the very recipients of the reason why Christ wanted his Church in the world, reach out to all people. As S.C.B. Associates, we too need to heed the call of the Pope, let us make the theme Participation, Communion and Mission more vibrant in our meetings and mission.

Easter reminds us that hope must never be lost for as dark as
the road may seem, there always lies light at the e
end of it.



***"May the God of hope fill you with all joy and peace in believing,
So that by the power of the Holy Spirit you may
Abound in hope." Rom 15:13***

**Happy
Easter**